



the
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at The Glenview Hotel



Dermalogica Facial Treatments

In The Haven it is our aim to achieve the best results for you. All our facials are prescribed to you by your personal therapist to suit all ladies and gentlemen skin types.

AGE Smart Facial 60 mins €65
Combined vitamin & hydroxy acid exfoliation resurfaces & retexturises skin while energising massage techniques release tension in the facial muscles and a multi-vitamin facial masque makes this the ultimate skin therapy for prematurely-aging, dry or devitalised skin types.

MediBac Clearing Facial 60 mins €60
This treatment is the ultimate in acne management. It targets current break-outs while helping to prevent further breakout activity & promotes healthy, consistently clear skin.

Hydrating Facial 60 mins €60
At a microscopic level lack of moisture weakens your skin's natural protective barrier leaving it susceptible to invading chemicals causing redness, irritation & sensitivity. This treatment will restore lost moisture & relieve dry, thirsty skin with added hydrating boosters.

Skin Brightening Treatment 60 mins €60
Our brightening treatment will help prevent hyper pigmentation while restoring a brighter even complexion.

Express Facial 30 mins €35
Our 30 minute facial will revitalise your skin's radiance, leaving it healthy, cleansed & toned. Try an express facial during your lunch hour for a quick pick me up!

Bright Eyes & Relaxing, Unwinding Treatment 30 mins €35
This treatment smooths out fine lines & wrinkles, minimising dehydration and has a soothing cooling effect.

Tip: Add Dermalogica's Hydrating Contour Masque To Any Facial For Only €25





Massage - Relax & Unwind for Ladies & Gentlemen

Swedish Full Body Massage 60 mins €60

Swedish massage goes beyond relaxation. It increases oxygen levels in the blood, decreases muscle toxins, improves circulation and flexibility, while looking after the mind, body and soul ending with an aromatherapy hot compress.

Swedish Back, Neck & Shoulder Massage 30 mins €35

Deep Tissue Full Body Massage 60 mins €70

This type of massage is used to target knots (Lactic acid) & release chronic muscle tension aiding in reduced inflammation & ending with an aromatherapy hot compress.

Deep Tissue Back Massage 30 mins €40

Indian Head Massage 30 mins €35

The aim of this head massage is to release the stress that has accumulated in the tissue, muscles and joints of the head, face, neck & shoulders leaving you feeling in tip top form!

Hopi Ear Candling 40 mins €30

This ancient, natural therapy is gentle & relaxing. It can help treat Sinusitis, rhinitis, earwax, earache, and irritation of the ears including tinnitus. It also aids headaches & migraines.

Body Treatments

Sugar Scrub Body Exfoliation, Shower & Coconut Hydrating Moisturise 60 mins €60

This treatment is ideal for the Bride To Be and makes an ideal hens gift!

Sugar Scrub Body Exfoliation & Shower 30 mins €35

Why not treat yourself to smooth softer looking skin! This treatment is ideal before holiday breaks and tanning, and leaves skin looking radiant.





Nails

File, Buff & Polish	15 mins	€15
French File, Buff & Polish	20 mins	€20
Mini Manicure (Nail lift with cuticles treated, perfectly shaped & polished)	30 mins	€25
Manicure (Cuticle tidy, buff, file & shape with exfoliating scrub & coconut melt balm)	45 mins	€40
Deluxe Manicure (Essential oil soak, exfoliating scrub, soothing hand mask wrapped in warm mittens finished with a relaxing coconut melt massage)	60 mins	€55

Pedicure Treatments

File, Buff & Polish	20 mins	€20
French File, Buff & Polish	25 mins	€25
Mini Pedicure (Nail lift with cuticles treated, perfectly shaped & polished)	40 mins	€35
Deluxe Pedicure	60 mins	€55
Callus Peel treatment	30 mins	€35

Tip: Add the ultimate callus peel to any pedicure for an extra €35

Nail Enhancements

Shellac on Hands	30 mins	€25
Shellac on Toes (Removal of Shellac free with every re-application)	30 mins	€25
Gelish Three Week Nail Polish	30 mins	€30
Removal of Shellac	15 mins	€10
Removal (free with every re-application)	15 mins	€10

Extras

Nail Art per nail		€2
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Tinting

Patch test required 48 hours before tinting

Eye Lash Tint	15 mins	€13
Eye Brow Tint	10 mins	€10
Eye Lash & Eye Brow Tint	20 mins	€20
Eye Brow Shape	10 mins	€10
Eye Lash Tint, Eye Brow Tint & Eye Brow Shape	30 mins	€30



Waxing Treatments with WAX LOGIC ...the Science of Waxing

Full Leg Wax	45 mins	€35
Half Leg Wax	25 mins	€20
Lip Wax	10 mins	€10
Chin wax	10 mins	€10
Brow Wax	10 mins	€10
Underarm Wax	10 mins	€10
Arm Wax	10 mins	€10
Bikini Line Wax	15 mins	€15

(Extra €5 for Extended Bikini Line Wax)

Californian Wax	30 mins	€35
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(Strip of hair left from front to back)

Brazilian	35 mins	€40
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(Strip of hair left at the front)

Hollywood	45 mins	€50
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(Everything removed from front & back)

Holiday Waxing Packages

Full Leg, Bikini Line, Underarm, Lip & Eyebrow Wax	80 mins	€70
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Half leg, Californian & Eyebrow Wax	50 mins	€60
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Male Grooming Wax Treatments

Back Wax	25 mins	€30
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Chest Wax	45 mins	€40
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Cyclist Leg Wax	45 mins	€45
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Arm Wax	15 mins	€15
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Spray Tan

Vita Liberata Full Body Application	45 mins	€30
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Vita Liberata Half Body Application	30 mins	€20
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Full Body Scrub, Shower

& Full Body Vita Liberata Tan	70 mins	€65
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Full Body Tan Truth Spray Tan	45 mins	€25
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Half Body Tan Truth Spray Tan	30 mins	€15
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Make Up

Make Up Application	30 mins	€45
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Bridal Make Up	60 mins	€60
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Bridesmaids Make up	45 mins	€45
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Make Up Classes	60 mins	€60
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Bring in your own make up bag and our Personal Make Up Artists will show you tips on how to use your make up in other ways.

Teen Treatments 13 Years +

Princess Treatments

Pre-Teen Nail Art	15 mins	€10
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Only available if booked with adult consent

Princess Parties	only €20 per child
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This is the perfect gift for any little princess in your life!

Princess Party Skin & Make Up Parties	only €15 per child
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Free room hire included in package.

(Minimum of 15 children for free room hire)

Day Pamper Packages

Choose any 2 for €60

Choose any 3 for €80

- Back, Neck and Shoulder Massage
- Indian Head Massage
- CND Shellac on hands or feet
- Mini Facial
- Full body spray tan
- Dermalogica Bright Eyes contour treatment

Please note: Should you need to cancel your treatments a minimum of 24 hours notice is required in advance of your arrival otherwise you will be automatically charged for the package or treatments.

For more details about The Haven special offers please visit www.glenviewhotel.com



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Opening Hours

Monday - Saturday	10am - 6pm
Thursday & Friday	Late night by appointment
Sunday	10am - 4pm

Late Night Openings by Request for group bookings

THE HAVEN, Glenview Hotel & Leisure Centre, Glen of the Downs, Delganey, Co. Wicklow

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Find us on facebook: search for the Glenview Hotel

