



The Haven treatment rooms at the Glenview Hotel and Leisure Club allow guests to pamper themselves in a sanctuary of peace and tranquillity. Our product choice is the world renowned, Award Winning "Dermalogica" range of products.

(Dermalogica are known for their ethos of being cruelty free, committed to sustainability and with a large number of products being Vegan & Gluten free).

Our qualified therapists are happy to guide you through our extensive treatment menu.

All of our treatments can be tailored to meet your needs and address any concerns you may have leaving you, de-stressed and recharged to face the day ahead.

Add to your experience by joining using the facilities in our leisure club including an 18 metre Indoor Pool, Sauna, Steam Room, Jacuzzi and Outdoor Hot Tub.

(Please note that there is a fee of €10 for non-Residents to use the leisure club facilities for treatments under €60.00)

The Haven Treatment Rooms Opening times

Wednesday to Saturday 10am – 6.30pm

Late appointments on Friday and Saturday evening may be facilitated on request.

In order to avoid disappointment and due to high demand advance booking is recommended, at least 48 hours in advance of arrival. Please contact Glenview Hotel Front Desk on 01 2740000 to make your booking or if we can provide any assistance.

Facials	Length of Treatment	Price	
AGE Smart Facial	60 minutes	€65	Combined vitamin & hydroxy acid exfoliation resurfaces & refreshes skin while the energising massage techniques used release tension in the facial muscles and a multi vitamin facial masque makes this the ultimate skin therapy for prematurely-aging, dry or devitalised skin types.
Medi Bac Clearing Facial	60 minutes	€60	This treatment is the ultimate in acne management. It targets current breakouts while helping to prevent further breakout activity & promotes healthy, consistently clear skin.
Hydrating Facial	60 minutes	€60	At a microscopic level lack of moisture weakens your skin's natural protective barrier leaving it susceptible to invading chemicals causing redness, irritation & sensitivity. This treatment will restore lost moisture & relieve dry, thirsty skin with added hydrating boosters
Skin Brightening Facial Treatment	60 minutes	€60	Our brightening treatment will help prevent hyper pigmentation while restoring a brighter even complexion
Express Facial	30 minutes	€35	Our 30 minute facial will revitalise your skin's radiance, leaving it healthy, cleansed & toned.
Bright Eyes Contour Treatment	30 minutes	€35	This treatment smooths out fine lines & wrinkles, minimising dehydration and has a soothing cooling effect.
Massage Treatments	Length of treatment	Price	
Swedish Full Body Massage	60 minutes	€70	Swedish massage goes beyond relaxation. It increases oxygen levels in the blood, decreases muscle toxins and improves circulation.
Swedish Back, Neck, Shoulder Massage	30 minutes	€40	
Deep Tissue Full Body Massage	60 minutes	€80	This type of massage is used to target knots & release muscle tension & ends with a calming aromatherapy hot compress.
Deep Tissue Back Massage	30 minutes	€45	

Indian Head Massage 30 minutes €40

The aim of this head massage is to release the stress that has accumulated in the tissue, muscles and joints of the head, face, neck & shoulders leaving you feeling in tip top form!

Hopi Ear Candling

Hopi Ear Candling 40 minutes €45

This ancient, natural therapy is gentle & relaxing. It can help treat Sinusitis, rhinitis, earwax, earache, and irritation of the ears including tinnitus. It also aids headaches & migraines.

Nail Treatments

Mini Manicure 30 minutes €25

Manicure 45 minutes €35

Deluxe Manicure 60 minutes €55

Mini Pedicure 40 minutes €50

Deluxe Pedicure 60 minutes €65

Callus Peel 30 minutes €40

Shellac (hands) 30 minutes €25

Shellac (toes) 30 minutes €30

Gelish Nails 30 minutes €30

Removal 15 minutes €10

Eyelash and Eyebrow Tinting

Eyelash 15 minutes €15

Eyebrow 10 minutes €12

Eyelash & Eyebrow 20 minutes €25

Waxing

Full leg 45 minutes €45

Half leg 25 minutes €30

Lip 10 minutes €10

Chin 10 minutes €10

Underarm 10 minutes €15

Bikini line (extended extra €5) 15 minutes €20

Hollywood 45 minutes €60

Pamper Package

Choose 2 of the following treatments for €70 or 3 of the following treatments for €100;

- Back, Neck and Shoulder Massage
- Indian Head Massage
- CND Shellac on hands or feet
- Dermalogica Bright Eyes Contour Treatment



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