



LUNCH MENU
12.00PM- 3.00PM

GOURMET SANDWICHES

DRESSED TUNA & AVOCADO

PICKLED RED ONION, TOASTED SOURDOUGH
BREAD
(WHEAT, EGGS, NUTS, MUSTARD, SULPHITES, DAIRY,
SESAME, FISH)
€9.50

BAKED HAM, TOMATO & MATURE CHEDDAR

COLESLAW, MULTI SEED BROWN BAP
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€9.50

CHICKEN TIKKA & RED ONION WRAP

JULIENNE GREENS, CUCUMBER YOGHURT
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€9.50

**CHARGRILLED HALOUMI CHEESE,
AVOCADO, SUNDRIED TOMATO,
BASIL PESTO**

DRESSED AUBERGINE & POMEGRANATE SALAD,
SOURDOUGH BREAD
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€11.95

SOUP AND SALADS

WHOLESOME SOUP OF THE DAY

HOMEMADE IRISH BROWN SODA BREAD
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€6.50

BAILY & KISH (HOWTH) OAK SMOKED SALMON

DRESSED BABY LEAF, LEMON, CAPERS, PICKLED
VEGETABLES, MAYONNAISE
(WHEAT, EGGS, NUTS, MUSTARD, FISH, SESAME SEEDS)
€14.95

TRADITIONAL SMOKED & FRESH FISH CHOWDER

HOMEMADE IRISH BROWN SODA BREAD
(WHEAT, EGGS, NUTS, MUSTARD, SHELLFISH, FISH, DAIRY
SESAME SEEDS)
€8.95

TOSSED SUPER FOOD SALAD

QUINOA, FETA CHEESE, CHICK PEAS
BEETROOT, BABY SPINACH
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€9.50

VEGAN MEZZE PLATTER

CABBAGE & ONION BHAJI, FALAFEL,
CRUDITÉS, OLIVES, HUMMUS, GREEN SALAD
(WHEAT, NUTS, MUSTARD, SESAME SEEDS)
SMALL €12.50
LARGE €15.95

MAIN COURSES



SLOW COOKED ROAST OF THE DAY

CREAMED POTATOES, MELANGE OF VEGETABLE,
ROAST GRAVY
(WHEAT, EGGS, NUTS, MUSTARD, DAIRY, SESAME SEEDS)
€17.95 (HALF PORTION- €13.95)

CHEF AMRAN'S SWEET CHILI CHICKEN

STEAMED RICE, PRAWN CRACKERS
(DAIRY, MUSTARD, SOY, WHEAT, SHELLFISH, SESAME SEEDS)
€14.95

TRADITIONAL BEER BATTERED FISH & CHIPS

PEA PUREE, COLESLAW
(FISH, MUSTARD, SESAME SEEDS)
€16.95

HERB CRUSTED GRILLED FILLET OF SALMON

CREAMED POTATOES, TENDERSTEM BROCCOLI
BEETROOT SALSA
(DAIRY, MUSTARD, SESAME SEEDS, FISH, SHELLFISH)
€17.95

CHARGRILLED IRISH BEEF BURGER

GARLIC MAYO
BRIOCHE BAP, FRENCH FRIES
(WHEAT, EGG, MILK, NUTS, MUSTARD, SESAME SEEDS)
€15.50

VEGETABLE RATATOUILLE & FETA CHEESE TART

TOSSED SIDE SALAD, FRENCH FRIES
(WHEAT, EGG, MILK, NUTS, MUSTARD, SESAME SEEDS)
€14.50

DESSERTS



LEMON MERINGUE TART

FRUIT COULIS
(WHEAT, EGG, MILK, NUTS)
€8.50

WARM APPLE & CINNAMON CRUMBLE

VANILLA ICE CREAM
(WHEAT, EGG, MILK, NUTS)
€8.50

WEXFORD STRAWBERRY MERINGUE NEST

CHANTILLY CREAM
(WHEAT, EGG, MILK, NUTS)
€8.50

MANGO & PASSION FRUIT CHEESE CAKE

FRESH BERRIES
(WHEAT, EGG, MILK, NUTS)
€8.50

OUR REPUTED FOOD SUPPLIERS



FRANK DOYLE'S MEATS

BRAY

KISH FISH (FRESH FISH & SHELLFISH)

DUBLIN

CULLEN'S FRUIT & VEG

WEXFORD

GLANBIA (DAIRY)

ASHFORD

CONOR BULFROD FARM (MICRO CRESS)

KILCOOLE

MUSGRAVE

DUBLIN

