



GLENVIEW HOTEL  
& LEISURE CLUB

## Glenview Health and Leisure Club

### Swimming Pool Timetable

**Monday 11<sup>th</sup> April to Sunday 17<sup>th</sup> April.**

Monday 11 <sup>th</sup> April	Tuesday 12 <sup>th</sup> April	Wednesday 13 <sup>th</sup> April	Thursday 14 <sup>th</sup> April	Friday 15 <sup>th</sup> April	Saturday 16 <sup>th</sup> April	Sunday 17 <sup>th</sup> April
6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>		
7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>		
8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am – 9.00am <b>ADULTS ONLY</b>	8.00am – 9.00am <b>ADULTS ONLY</b>
9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming
10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming
11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming
12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming
1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming
2.00pm – 3.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming
3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>
4.00pm - 5.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming
5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming
6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming
7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>
	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>		

#### Leisure Club Opening Hours

- Monday to Friday: 6.00am – 10.00pm (pool and gym close at 9.30pm), Saturdays, Sundays and Bank Holidays: 8.00am – 8.30pm (Pool and gym close at 8.00pm)

#### Children's Swimming Hours

- Monday to Friday 9.00am to 1.00pm and 2.00pm to 7.00pm, Saturday, Sunday and Bank Holidays 9.00am – 7.00pm (children must vacate the club by 7.15pm)

#### General Swimming Pool Rules

- Children are permitted to use the pool during family swim times only and children **under the age of 8 must be accompanied in the water by an adult.**
- Swimming caps must be worn in the pool and are available to purchase at the Leisure Club Reception for €3.00.
- The Sauna, Steam Room, Jacuzzi and Outdoor Hot Tub are strictly over 16's only.
- Towels are provided at the leisure club reception for hotel guests.
- Padlocks are available at the Leisure Club reception for hotel guests, however we recommend that valuables are left in your hotel room.



GLENVIEW HOTEL  
& LEISURE CLUB

# Glenview Health and Leisure Club

## Swimming Pool Timetable

**Monday 18<sup>th</sup> April to Sunday 24<sup>th</sup> April.**

Monday 18 <sup>th</sup> April	Tuesday 19 <sup>th</sup> April	Wednesday 20 <sup>th</sup> April	Thursday 21 <sup>st</sup> April	Friday 22 <sup>nd</sup> April	Saturday 23 <sup>rd</sup> April	Sunday 17 <sup>th</sup> 24 <sup>th</sup> April
	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>	6.00am – 7.00am <b>ADULTS ONLY</b>		
	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>	7.00am – 8.00am <b>ADULTS ONLY</b>		
8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am - 9.00am <b>ADULTS ONLY</b>	8.00am – 9.00am <b>ADULTS ONLY</b>	8.00am – 9.00am <b>ADULTS ONLY</b>
9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming	9.00am -10.00am Family Swimming
10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming	10.00am -11.00am Family Swimming
11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming Aqua Aerobics	11.00am – 12.00pm Family Swimming	11.00am – 12.00pm Family Swimming
12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming	12.00pm -1.00pm Family Swimming
1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm <b>ADULTS ONLY</b>	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming
2.00pm – 3.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming	1.00pm – 2.00pm Family Swimming
3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>	3.00pm – 4.00pm <b>Family Fun Swim</b>
4.00pm - 5.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming
5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming	5.00pm – 6.00pm Family Swimming
6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming	6.00pm – 7.00pm Family Swimming
7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>	7.00pm – 8.00pm <b>ADULTS ONLY</b>
	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>	8.00pm – 9.30pm <b>ADULTS ONLY</b>		

### Leisure Club Opening Hours

- Monday to Friday: 6.00am – 10.00pm (pool and gym close at 9.30pm), Saturdays, Sundays and Bank Holidays: 8.00am – 8.30pm (Pool and gym close at 8.00pm)

### Children's Swimming Hours

- Monday to Friday 9.00am to 1.00pm and 2.00pm to 7.00pm, Saturday, Sunday and Bank Holidays 9.00am – 7.00pm (children must vacate the club by 7.15pm)

### General Swimming Pool Rules

- Children are permitted to use the pool during family swim times only and children **under the age of 8 must be accompanied in the water by an adult.**
- Swimming caps must be worn in the pool and are available to purchase at the Leisure Club Reception for €3.00.
- The Sauna, Steam Room, Jacuzzi and Outdoor Hot Tub are strictly over 16's only.
- Towels are provided at the leisure club reception for hotel guests.
- Padlocks are available at the Leisure Club reception for hotel guests, however we recommend that valuables are left in your hotel room.