

## THE TREATMENT ROOMS

Massage - Manicure & Pedicures - Waxing - Facials

## The Leisure Club

## **Member Benefits Include**

- 18-meter deck-level pool with air loungers, bubble pool, and Children's Pool
- Sauna, Steam Room, and Poolside Hot and Cold showers.
- Jacuzzi and Out Door Hot Tub
- Access to over 25 free classes per week including Spin, Aqua Aerobics, Box Fit, TRX, and Conditioning.
- Friendly staff who are passionate about helping you reach your fitness goals.
- Comfortable changing rooms with lockers, hair dryers, and body wash dispensers in the showers
- Fully Equipped gym with over 40 pieces of cardio and resistance training equipment
- Discounted rates on personal training, children's swimming lessons, and children's activity camps
- Coffee area in the reception
- Member social events
- 15% discount on food in the Conservatory Bar and Woodlands Restaurant.
- 25% discount on the first treatment in the Haven Beauty Room and 10% on further treatments (discount applies to full-price treatments only)



