



GLENVIEW HOTEL
& LEISURE CLUB



THE TREATMENT ROOMS

Massage • Manicure & Pedicures • Waxing • Facials



The Treatment Rooms at the Glenview Hotel and Leisure Club allow you the chance to spend a little “YOU TIME”. We use the Dermalogica range of products to ensure we offer our guests the highest quality service.

Our qualified therapists are happy to guide you through our treatment menu from Massages and Facials, Manicures and Pedicures, Waxing and Eye Lash and Eye Brow Treatments. All of our treatments can be tailored to meet your needs and address any concerns you may have, leaving you de-stressed and recharged to face the day ahead.

BODY TREATMENTS

Swedish Full Body Massage (60 minutes) | €70.00

Swedish massage goes beyond relaxation. It increases oxygen levels in the blood, decreases muscle toxins and improves circulation.

Swedish 1/2 Body Massage (30 minutes) | €40.00

Although Massage may be shorter in duration it is just as relaxing. (Please inform the therapist of which area you wish them to focus)

Swedish Back, Neck, Shoulder Massage (30 minutes) | €40.00

Focusing on the back, neck and shoulders this will leave you relaxed.

FACIALS

AGE Smart Facial (60 minutes) | €66.00

Combined vitamin & hydroxy acid exfoliation resurfaces & refreshes skin while the energising massage techniques release tension and a multi vitamin facial masque makes this the ultimate skin therapy.

Hydrating Facial (60 minutes) | €60.00

This treatment will restore lost moisture & relieve dry skin with added hydrating boosters

Skin Brightening Facial Treatment (60 minutes) | €60.00

Our brightening facial treatment will help prevent hyper pigmentation while restoring a brighter more even complexion

Express Facial (30 minutes) | €35.00

A short version of any of our 3 popular facials.

MANICURES AND PEDICURES

Mini Manicure (30 minutes) | €25.00

The mini manicure includes the cuticles softened and tidied, followed my nail shaping and finished with a polish of your choice.

Manicure (45 minutes) | €40.00

Hand soak, cuticle tidy, file & shape of the nail. exfoliating hand scrub & then the nails are finished in the polish of your choice.

Deluxe Manicure (60 minutes) | €55.00

The delxue manicure involves an essential oil hand soak and exfoliating hand scrub and hand massage followed by a full manicure where the cuticles are softened and tidied, the nails are shaped and filed and then finished in a polish of your choice.

Mini Pedicure (30 minutes) | €35.00

Foot Soak, Cuticles are softened and tidied, followed by shaped and polish.

Pedicure (45 minutes) | €45.00

A popular choice our Pedicure consists of a foot soak, foot scrub followed by a cuticle tidy, nail clip, shape and file followed by a colour of your choice

Deluxe Pedicure (60 minutes) | €60.00

Foot soak, exfoliation, cuticles are softened and removed, foot & leg massage followed by nail file and polish.

Shellac Hands (30 minutes) | €25.00

A dry manicure to make sure no oils interfere with the product's bonding to your nails. Includes nail shaping and cuticle work along with your choice of shade from the CND Shellac range.

Shellac Toes (30 minutes) | €30.00

This treatment is similar to our mini pedicure in that it makes your toenails the stars of the show without the drying time

BIAB (60 minutes) | €45.00

BIAB (Builder in a Bottle) nails are a great way to strengthen and protect your natural nails.

Polish Removal (25 minutes) | €15.00

Remove your old polish to leave your nails ready for new poli.

EYELASH AND EYEBROW TINTING

Eyelash Tint (25 minutes) | €15.00

Swedish massage goes beyond relaxation. It increases oxygen levels in the blood, decreases muscle toxins and improves circulation.

Eyebrow Tint (15 minutes) | €40.00

Although Massage may be shorter in duration it is just as relaxing. (Please inform the therapist of which area you wish them to focus)

Eyelash and Eyebrow Tint (30 minutes) | €25.00

Focusing on the back, neck and shoulders this will leave you relaxed.

Eyelash Extensions (60 minutes)

Semi permanent false eyelashes that are glued to your natural lashes. They give your eyes a fuller more glam look.

WAXING

Full Leg Wax (60 min) €45.00

Half Leg Wax (40 min) €30.00

Lip Wax (15 min) €10.00

Chin Wax (15 min) €10.00

Lip and Chin Wax (25 min) €20.00

Under Arm Wax (15 min) €15.00

Male shoulder and back wax (60 min) €45.00