



**GLENVIEW HOTEL**  
**& LEISURE CLUB**  
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**Leisure Club Opening Hours**

- **Monday to Friday: 6.00am to 10.00pm**  
(Pool and Gym close at 9.30pm)
- **Saturdays, Sundays and Bank Holidays: 8.00am – 8.30pm**  
(Pool and gym close at 8.00pm)

**Children's Swimming Hours**

- Monday to Friday 9.00am to 12.00pm and 1.30pm to 7.00pm
- Saturday, Sunday and Bank Holidays 9.00am – 7.00pm

**(Children must exit the pool by 7.00pm and vacate the club by 7.15pm)**

***This Timetable is subject to change during school holidays.***

***Please contact the leisure club reception on 012740078 to check the current pool timetable.***

*The Glenview Health and Leisure Club, Glen of the Down's, Delgany, Co Wicklow.*

*Tel: 01-2740078    email: [membership@glenviewhotel.com](mailto:membership@glenviewhotel.com)*

*[www.glenviewhotel.com/leisure-club](http://www.glenviewhotel.com/leisure-club)*



GLENVIEW HOTEL  
& LEISURE CLUB

# Glenview Health and Leisure Club

## Swimming Pool Timetable 2026



### Monday to Thursday

Session Time	Monday	Tuesday	Wednesday	Thursday
6.00am - 7.00am	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>
7.00am – 8.00am	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>
8.00am – 9.00am	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>
9.00am – 10.00am	Adults and Children	Adults and Children	Adults and Children	Adults and Children
10.00am - 11.00am	Adults and Children	Adults and Children	Adults and Children	Adults and Children
11.00am – 12.00pm	Adults and Children	Limited space due to Aqua Aerobics	Adults and Children	Limited space due to Aqua Aerobics
12.00pm – 1.30pm	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>
1.30am – 3.00pm	Adults and Children	Adults and Children	Adults and Children	Adults and Children
2.00pm – 3.00pm	Adults and Children	Adults and Children	Adults and Children	Adults and Children
3.00pm – 4.00pm	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons
4.00pm – 5.00pm	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons
5.00pm – 6.00pm	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons	Adults and Children Limited Space due to swimming lessons
6.00pm – 7.00pm	Adults and Children	Adults and Children	Adults and Children	Adults and Children
7.00pm – 8.00pm	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>	<b>Adults Only Swim</b>
8.00pm – 9.30pm	<b>Adults Only Swim</b> Limited due to Aqua Aerobics.	<b>Adults Only Swim</b>	<b>Adults Only Swim</b> Limited due to Aqua Aerobics.	<b>Adults Only Swim</b>



## Swimming Pool Timetable 2026

### Friday, Saturday and Sundays.



Session Time	Friday	Saturday	Sunday
6.00am - 7.00am	<b>Adults Only Swim</b>	Closed	Closed
7.00am – 8.00am	<b>Adults Only Swim</b>	Closed	Closed
8.00am – 9.00am	<b>Adults Only Swim</b>	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b> Members and Hotel Guests
9.00am – 10.00am	Members/Guests Swimming Adults and Children	Adults and Children Limited Space due to swimming lessons	Members/Guests Swimming Adults and Children
10.00am - 11.00am	Members/Guests Swimming Adults and Children	Adults and Children Limited Space due to swimming lessons	Members/Guests Swimming Adults and Children
11.00am – 12.00pm	Members/Guests Swimming Adults and Children	Adults and Children Limited Space due to swimming lessons	Members/Guests Swimming Adults and Children
12.00pm – 1.30pm	<b>Adults Only Swim</b>	Adults and Children Limited Space due to swimming lessons	Members/Guests Swimming Adults and Children
1.30am – 3.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
2.00pm – 3.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
3.00pm – 4.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
4.00pm – 5.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
5.00pm – 6.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
6.00pm – 7.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
7.00pm – 8.00pm	<b>Adults Only Swim</b>	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b> Members and Hotel Guests
8.00pm – 9.30pm	<b>Adults Only Swim</b>	Closed	Closed

#### Children's Swimming Hours

- Monday to Friday 9.00am to 12.00pm and 1.30pm to 7.00pm
- Saturday, Sunday and Bank Holidays 9.00am – 7.00pm

**(Children must exit the pool by 7.00pm and vacate the club by 7.15pm)**

# Glenview Leisure Club - Swimming Pool Rules

- Children are permitted to use the pool during family swim times only.
- Children under the age of 10 must be accompanied and supervised in the water by a responsible person over the age of 16 at all times.
- Children aged over 10 years of age that are competent swimmers must be supervised by a responsible adult but this may be from the poolside.
- Young children that are not toilet trained must wear protective swim pants/swim nappies. There are available to purchase at the leisure club reception.
- Please help us to keep the pool clean by showering for at least 1 minute and using the toilet before swimming. Parents please encourage children to use the toilet before swimming.
- Swimming caps must be worn when in the pool and are available to purchase at the Leisure Club Reception for €3.00.
- The Sauna, Steam Room, Jacuzzi and Outdoor Hot Tub are strictly over 16's only.
- Towels are provided at the leisure club reception for hotel guests.
- Padlocks are available at the Leisure Club reception for use by hotel guests, however we recommend that valuables are left in your hotel room.
- No running on the pool deck.
- No Diving, cannonballs or backflips into the pool.
- No large floats or inflatables in the pool.
- No food or drink in the pool area except water in plastic bottles.
- No photography or filming of any kind in the pool area or of the pool area from reception.