



Glenview Leisure Club

Teen Gym

For 13 to 15 year olds.

Monday 13th June to Sunday 28th August

Monday to Sunday - 11.00am to 5.00pm



A teen gym waiver must be filled out before participating in the Teen Gym Hours.

- Teen Gym spaces are limited and must be booked in via the Fitsense booking App for each visit.
- Teen Gym users must be accompanied in the gym at all times by an adult over the age of 18 years.
- Teen gym users are permitted to use cardio machines and studio equipment only.
- Strictly no weights machines or free weights.

