



# GLENVIEW HOTEL & LEISURE CLUB

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## **Leisure Club Opening Hours**

- Monday to Friday: 6.00am – 10.00pm (pool and gym close at 9.30pm)
- Saturdays, Sundays and Bank Holidays: 8.00am – 8.30pm (Pool and gym close at 8.00pm)

## **Children's Swimming Hours**

- Monday to Friday 9.00am to 12.00pm and 1.30pm to 7.00pm
- Saturday, Sunday and Bank Holidays 9.00am – 7.00pm

**(Children must vacate the pool by 7.00pm and vacate the club by 7.15pm)**

## **General Swimming Pool Rules**

- Children are permitted to use the pool during family swim times only.
- Children under the age of 10 must be accompanied in the water by a responsible person over the age of 16. Children aged over 10 years of age that are competent swimmers must be supervised by a responsible adult but this may be from the poolside.
- Please help us to keep the pool clean by showering and using the toilet before swimming.
- Swimming caps must be worn in the pool and are available to purchase at the Leisure Club Reception for €3.00.
- The Sauna, Steam Room, Jacuzzi and Outdoor Hot Tub are strictly over 16's only.
- Towels are provided at the leisure club reception for hotel guests.
- Padlocks are available at the Leisure Club reception for use by hotel guests, however we recommend that valuables are left in your hotel room.



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# Glenview Health and Leisure Club

## Swimming Pool Timetable – January 2023

### Monday to Thursday

Session Time	Swimming Pool	Session Information/Restrictions
6.00am - 7.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
7.00am – 8.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
8.00am – 9.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
9.00am – 10.00am	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
10.00am - 11.00am	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
11.00am – 12.00pm	Members/Guests Swimming Adults and Children	Limited space on Tuesday and Thursday due to Aqua Aerobics
12.00pm – 1.30pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
1.30am – 3.00pm	Members/Guests Swimming Adults and Children	<b>Limited Spaces due to swimming lessons</b>
2.00pm – 3.00pm	Members/Guests Swimming Adults and Children	<b>Limited Spaces due to swimming lessons</b>
3.00pm – 4.00pm	Members/Guests Swimming Adults and Children	<b>Limited Spaces due to swimming lessons</b>
4.00pm – 5.00pm	Members/Guests Swimming Adults and Children	<b>Limited Spaces due to swimming lessons</b>
5.00pm – 6.00pm	Members/Guests Swimming Adults and Children	<b>Limited Spaces due to swimming lessons</b>
6.00pm – 7.00pm	Members/Guests Swimming Adults and Children	Children must vacate club by 7.00pm and vacate the club by 7.15pm
7.00pm – 8.00pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
8.00pm – 9.30pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b> Limited space on Monday and Wednesday due to Aqua Aerobics.

- Adults only swimming: 6.00am to 9.00am, 12pm to 1.30pm, 7.00pm to 9.30pm.
- Children must vacate the pool by 7.00pm and vacate the club by 7.15pm.
- Children under 10 must be accompanied in the water.
- Swim Hats must be worn.
- Please shower and use the toilet before swimming.

***This Timetable is subject to change during school holidays. Please contact the leisure club reception on 012740078 to check the current pool timetable.***



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## Swimming Pool Timetable – January 2023

### Friday

Session Time	Swimming Pool	Session Information/Restrictions
6.00am - 7.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
7.00am – 8.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
8.00am – 9.00am	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
9.00am – 10.00am	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
10.00am - 11.00am	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
11.00am – 12.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
12.00pm – 1.30pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
1.30am – 3.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
2.00pm – 3.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
3.00pm – 4.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
4.00pm – 5.00pm	Members/Guests Swimming Adults and Children	<b>Family Fun Swim</b>
5.00pm – 6.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
6.00pm – 7.00pm	Members/Guests Swimming Adults and Children	Children must vacate club by 7.00pm and vacate the club by 7.15pm
7.00pm – 8.00pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>
8.00pm – 9.30pm	<b>Adults Only Swim</b> Members and Hotel Guests	<b>Adults Only Swim</b>

- Adults only swimming: 6.00am to 9.00am, 12pm to 1.30pm, 7.00pm to 9.30pm.
- Children must vacate the pool by 7.00pm and vacate the club by 7.15pm.
- Children under 10 must be accompanied in the water.
- Swim Hats must be worn.
- Please shower and use the toilet before swimming.

***This Timetable is subject to change during school holidays. Please contact the leisure club reception on 012740078 to check the current pool timetable.***



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## Swimming Pool Timetable – January 2023

### Saturday and Sunday

Time	Saturday	Sunday
8.00am – 9.00am	Members/Hotel Guests Swimming <b>Adults Only</b>	Members/Hotel Guests Swimming <b>Adults Only</b>
9.00am – 10.00am	Adults and Children <b>Limited spaces due to swimming lessons</b>	Members/Guests Swimming Adults and Children
10.00am – 11.00am	Adults and Children <b>Limited spaces due to swimming lessons</b>	Members/Guests Swimming Adults and Children
11.00am – 12.00pm	Adults and Children <b>Limited spaces due to swimming lessons</b>	Members/Guests Swimming <b>Family Fun Swim</b>
12.00pm – 1.00pm	Adults and Children <b>Limited spaces due to swimming lessons</b>	Members/Guests Swimming Adults and Children
1.00pm – 2.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
2.00pm – 3.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
3.00pm – 4.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
4.00pm to 5.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
5.00pm to 6.00pm	Members/Guests Swimming Adults and Children	Members/Guests Swimming Adults and Children
6.00pm to 7.00pm	Members/Guests Swimming Adults and Children	Children must vacate club by 7.00pm and vacate the club by 7.15pm
7.00pm to 8.00pm	Members/Hotel Guests Swimming <b>Adults Only</b>	Members/Hotel Guests Swimming <b>Adults Only</b>

- Adults only swimming: 6.00am to 9.00am, 12pm to 1.30pm, 7.00pm to 9.30pm.
- Children must vacate the pool by 7.00pm and vacate the club by 7.15pm.
- Children under 10 must be accompanied in the water.
- Swim Hats must be worn.
- Please shower and use the toilet before swimming.

***This Timetable is subject to change during school holidays. Please contact the leisure club reception on 012740078 to check the current pool timetable.***